Heads Up: Checking for a Head Injury

Use the “3 A’s” when checking for a head injury:

**ALERT**
Find out if the person is ALERT by asking:
- Can you open your eyes?
- Can you tell me what happened?
- If no response to either question, call 911.

**ASK**
If the person is alert, ASK:
- Do you have a headache?
- Do you feel like you may vomit?
- Do you have trouble staying awake?
- If yes to any of the above questions, call 911.

**AID**
- All head injuries should be checked by a professional.