SCREEN QUESTIONS FOR ALL STAFF, COACHES, AND OFFICIALS UPON ARRIVAL each day with the following questions. Those who answer ‘yes’ to any of these questions will not be permitted on the premises. Players and spectators will not go through the screen questions.

- Have you been in close contact with a confirmed case of COVID-19 in the past 14 days? (Note: This does not apply to medical personnel, first responders, or other individuals who encounter COVID-19 as part of their professional or caregiving duties while wearing appropriate PPE.)
- Are you experiencing any CDC listed COVID-19 symptoms? (fever or chills, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea)
- Have you had a fever in the last 48 hours?
- Are you awaiting the results of a COVID-19 test or have a tested positive for COVID-19 within the past 14 days?

TEMPERATURE CHECKS FOR ALL STAFF, COACHES, AND OFFICIALS. Players and spectators will not have temperature checks. Those with temperatures above 100.4 degrees Fahrenheit will not be permitted on-premises.

- Screen questions and temperature checks will be logged at each location by YMCA staff.

IF A POSITIVE COVID-19 TEST IS REPORTED TO THE YMCA, teams impacted will be notified while keeping the individual’s identity confidential.

IT IS RECOMMENDED THAT PERSONS MORE VULNERABLE OR AT-RISK for COVID-19 as identified by the CDC (e.g. due to age or severe underlying medical conditions) take extra precaution or refrain from attending or participating for the time being. Where possible, it is recommended that players travel to the venue alone or with a member of their immediate household.
SOCIAL DISTANCING

1. STAGGERING ARRIVAL AND DROP OFF TIMES. Practice and game times will be adjusted to allow 30 minutes or more before the next teams arrive. Once your team practice/game is over, everyone must leave the area immediately to allow the next group in behind them. Congregating will not be permitted on the premises. The arriving team may not arrive until 15 minutes before their scheduled time.

2. SIGNS, TAPE, FIELD MARKERS WILL BE PLACED ON FLOORS OR PLAYING FIELDS to ensure that coaches and players stay 6 feet apart.

3. LIMIT PHYSICAL CONTACT by refraining from high-fives, handshake lines, first bumps, and hugs.

4. LIMIT GROUP SIZES AND MIXING. Keep groups small and to the extent possible, avoid mixing between groups.

5. COACHES REVIEW SOCIAL DISTANCING GUIDELINES often during practices and games to remind players and spectators.

6. SPECTATORS should maintain at least six feet of separation from others not from the same household, including in seating areas or bleachers, and refrain from entering players’ areas. Designated seating areas will be created around the field to maintain social distancing from other family units. There is to be one household per seating area.

7. A MAX OF TWO TEAMS IS PERMITTED PER FIELD/COURT AT ONE TIME. There will be no more than 100 people around/in one field at a time-this includes the officials, staff, coaches, parents, scorekeepers, players, and spectators.

8. OUTDOOR SPORTS | TEAM BENCHES AND VIEWING AREAS. Teams will have a designated box which they must remain within except when substituting in and out of the games. Spectators will be placed on the opposing side and around the end lines.

SAFETY PROTOCOLS

1. CLOTH FACE COVERING PROTOCOLS
   a. YMCA Staff | required to wear a face-covering at all times.
   b. Coaches | required to wear a face-covering at all times.
   c. Officials | required to wear a face-covering at all times with the exception of while the game is in progress.
   d. Spectators | required to wear a face-covering at all times with the exception of when they are in their designated seating area; the face covering is encouraged but not required.
   e. Players
      • 12 and up are required to wear a face-covering at all times with the exception of when they are in their designated spectator seating area or participating in an activity.
      • 11 and younger are encouraged to wear a face-covering but not required.
2. **PLAYERS ARE ENCOURAGED TO BRING THEIR EQUIPMENT DURING PRACTICES ONLY** to limit the sharing of equipment. Equipment will be sanitized before each practice by all players. This will be closely monitored by the coaches.

3. **FLAG FOOTBALL| FLAGS WILL BE SANITIZED BEFORE EACH GAME AND AT HALF TIME BY ALL PLAYERS.** This will be closely monitored by the coach for each team.

4. **PLAYERS WILL BE ASKED TO BRING THEIR OWN WATER BOTTLE.** Shared or team drinks or coolers are prohibited.

5. **THE YMCA WILL PROVIDE GAME BALLS.** The game ball will be disinfected during each quarter/period, half time, and before and after games by the official. Participants are discouraged from bringing their own ball to games.

6. **SNACKS CAN BE BROUGHT IN INDIVIDUAL, PRE-PACKAGED FOOD.** Any unpackaged shared team food is not permitted at this time.

7. **EATING AND SPITTING SEEDS, GUM, OTHER SIMILAR PRODUCTS ARE PROHIBITED.**

8. **A DESIGNATED LOCATION WILL BE USED FOR EACH TEAM FOR THE PRE- AND POST-GAME HUDDLES.** When meeting, practice social distancing.

9. **OUTDOOR SPORTS| FIELDS WILL BE SPACED OUT AS MUCH AS POSSIBLE** to allow as much area in between the fields to give each field its own space for maximum social distancing.

**SANITATION**

1. **ALL COACHES, PLAYERS, SPECTATORS, AND OFFICIALS ARE ENCOURAGED TO WASH OR SANITIZE THEIR HANDS** upon arriving and leaving each day. Players and coaches should regularly wash their hands or use hand sanitizer between activities while on-site.

2. **BENCHED, BLEACHERS, AND EQUIPMENT WILL BE DISINFECTED BETWEEN EACH GAME** by YMCA staff.

3. **HAND SANITIZER WILL BE AVAILABLE AT ALL FIELDS/COURTS.** Players will be asked to use hand sanitizer before and after practices and games.

4. **COACHES WILL ENCOURAGE THEIR PLAYERS TO COVER THEIR COUGHS AND SNEEZE** with a tissue or to use the inside of their elbow.

5. **COACHES AND PLAYERS SHOULD INCREASE THEIR HYGIENE PRACTICES.** Wash hands more frequently, avoid touching your face, and practice good respiratory etiquette when coughing or sneezing. Limit spitting.

6. **UNIFORMS SHOULD BE WASHED AS SOON AS POSSIBLE AFTER THE GAME.**

7. **PORT-A-JOHNS OR FACILITY RESTROOMS WILL FOLLOW YMCA DISINFECTION PROTOCOLS.** To be disinfected by YMCA staff before and after every practice/game.